

# Resident Demographics and Supportive Services

Plymouth Housing has **more than 350** dedicated staff serving **nearly 1,400** residents at **17** buildings throughout King County. What are the demographics of our permanent supportive housing residents, and how much support do they receive from Plymouth?

# RESIDENT DEMOGRAPHICS

Plymouth provides permanent housing and on-site support services to single adults who have experienced long-term homelessness. Of those we served in 2023:

### **DIVERSITY**

**52%** Of residents are Black, Indigenous,

or People of Color

## **DISABILITY**

**96%** At least one disability

**59%** Substance use disorder

**62%** Mental health disability

**40%** Physical disability or chronic health condition

## **GENDER**

27% Female

**73%** Male

<1% Nonbinary

#### **VETERANS**

1 in 9

residents are veterans

#### **STAGE OF LIFE**

1 in 4

residents are seniors (65 and older)



# PROGRAMMING AND SERVICES PROVIDED

- **35,838 supportive services**—like individualized case management, substance use and behavioral health treatment, veterans counseling, etc.—were provided to residents last year.
- 148,928 prepared meals were provided through our partnership with FareStart.
- 100+ resident outings or community activities take place at our buildings every month.

Plymouth Housing's mission is to eliminate homelessness and address its causes by preserving, developing and operating safe, quality, supportive housing and by providing adults experiencing homelessness with opportunities to stabilize and improve their lives.