

Permanent Supportive  
Housing:

The Solution to Chronic  
Homelessness

Plymouth  
Housing



A grayscale photograph of a person sitting on a shopping cart on a sidewalk. The person is wearing a dark jacket and pants, and their head is bowed down, suggesting despair or exhaustion. The background is a plain, light-colored wall.

# *National Homelessness*

- **567,715 people** experienced homelessness on a single night in January, 2019
- **96,141 of these experienced chronic homelessness**
- **Chronic homelessness** has decreased by 9.4% since 2010, but has risen in recent years.

*Source: U.S. Department of Housing & Urban Development*

*Photo by Matthew Voitunski*

# King County Homelessness in January 2020



**11,751**

PEOPLE EXPERIENCING  
HOMELESSNESS.



**7,053**

WERE SINGLE ADULTS,  
3,743 WERE INDIVIDUALS  
IN FAMILIES, AND 955 WERE  
YOUNG ADULTS.



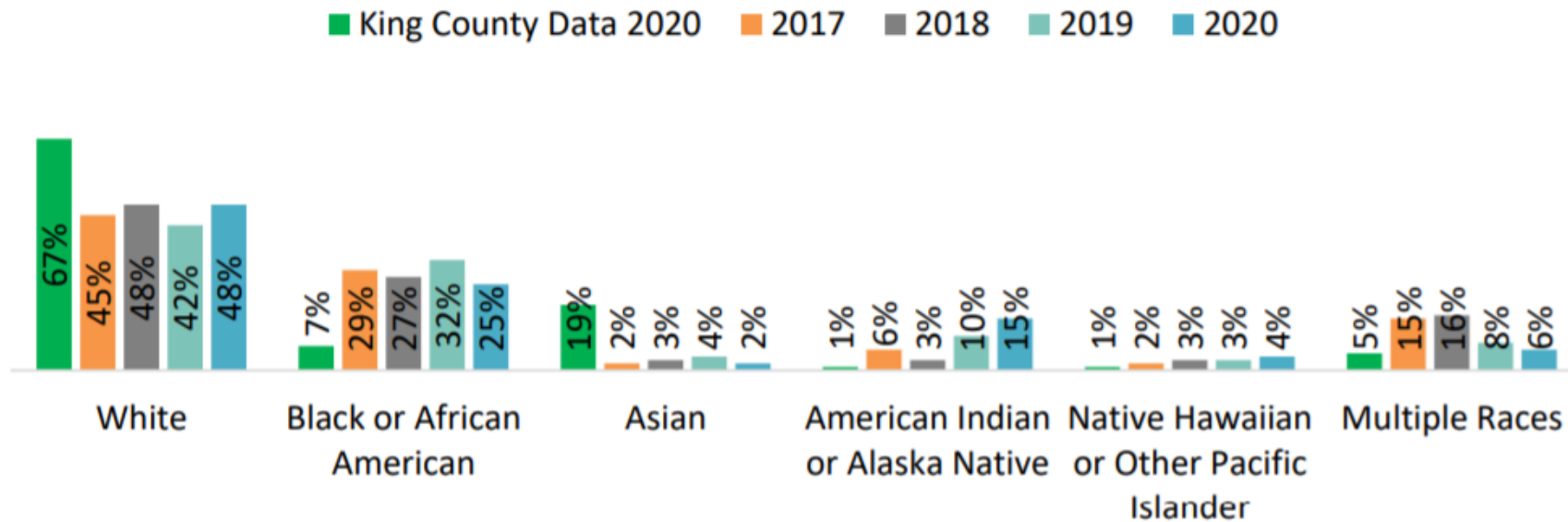
**3,355**

OF THE SINGLE ADULTS  
WERE THOSE EXPERIENCING  
CHRONIC HOMELESSNESS.

# King County Homelessness in 2020

Homelessness disproportionately impacts Black, Indigenous, and other people of color.

Figure 5 Individuals Experiencing Homelessness by Race, 2017-2020



# King County Chronic Homelessness in January 2020



**7,053**

WERE SINGLE ADULTS,  
3,743 WERE INDIVIDUALS  
IN FAMILIES, AND 955 WERE  
YOUNG ADULTS.



**3,355**

OF THE SINGLE ADULTS  
WERE THOSE EXPERIENCING  
CHRONIC HOMELESSNESS.

## Who are the adults experiencing chronic homelessness?

- **36%** female, **60%** male, **1%** transgender, **3%** gender non-conforming
- **18%** LGBTQIA

## What medical conditions do they live with?

- **65%** PTSD
- **64%** substance use conditions
- **73%** psychiatric/emotional condition
- **45%** chronic health problems
- **41%** physical disability
- and more



# How does Plymouth fit in? We are...

**Innovative:** We draw upon research and best practices to develop new programs and enhance our impact.

**Effective:** 97% of residents retain permanent housing.

**Accountable:** We have a 40-year history of financial stewardship and responsible use of public funds.





A photograph of a modern apartment interior. On the left is a kitchen with wooden cabinets and a countertop with various items. In the center is a dining area with a table and chairs. On the right is a bed with a striped blanket. Large windows in the background offer a view of a city.

**1,100+ people who have  
experienced chronic homelessness  
housed annually.**

**15 buildings—and growing!**

**8 onsite medical offices: 7 staffed by  
Neighborcare Health, 1 by  
Harborview Medical**



# Who does Plymouth help?

---

Single adults with acute needs who live with:

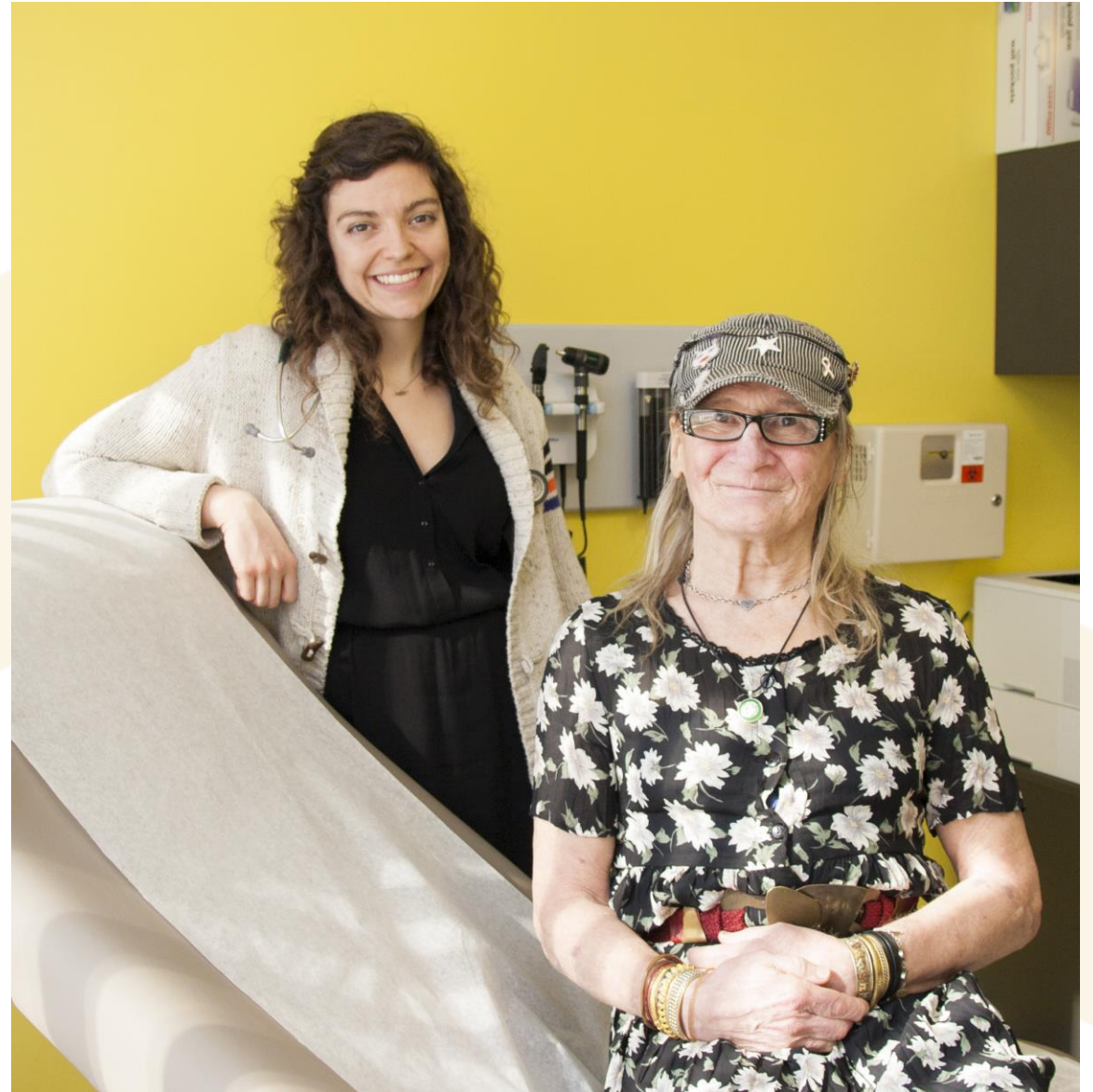
- Disabilities (97%)
- Mental illness (58%)
- Seniors over 55 years of age (58%)
- Veterans (14%)
- Substance use disability (58%)

Providing housing to those with the greatest needs frees up public resources to help others experiencing homelessness.



# How does Plymouth support our residents?

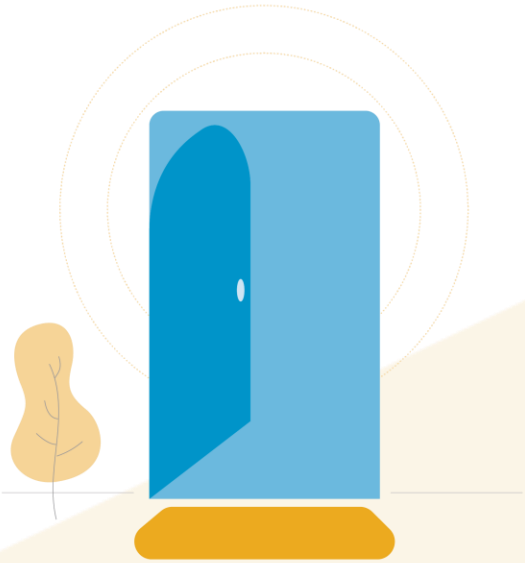
- Supportive Services to help residents regain stability and connect them to community.
  - 24/7 front desks
  - Individualized support
  - On-site nursing
- Help residents avoid a return to homelessness



*Anina, Neighborcare PCP, with Sabrina, Plymouth resident, at the Langdon & Anne Simons Senior Apartments.*

# Plymouth's Housing First Principles

Every person has the right to a home,  
and every person matters exactly as they are.



- We believe that everybody is ready for housing, and we make moving into our apartments as easy as possible for our most vulnerable neighbors.
- We provide opportunities for growth that start with each resident's individual needs.
- We build diverse, welcoming communities that help our residents avoid a return to homelessness.
- We empower our residents by offering them the choice to engage in services, and we're here when they need us.
- We advocate for our residents' rights and voices.
- We celebrate every small success because we know that change happens incrementally.

# Plymouth's Harm Reduction Principles

Meet people where they are with a home and personalized support.

- We are practical and realistic. Harm reduction is based on tools, research, and education to minimize risk and maximize safety and accepts the reality that substance use is part of our world.
- We leave judgement at the door. No issue is one-sided. Non-coercive, collaborative care is always the goal.
- We believe people know themselves best. People are experts on their own lives; they make changes if and when they are ready.
- We offer a continuum of care. Harm reduction applies to every person, in every scenario, from the simple to the complex, while acknowledging that some activities are inherently safer than others.
- We practice equity. We all deserve care, consideration, empathy, and the tools to be empowered in our decision-making processes.
- We ask “why?” Strive to learn why and how a person is making decisions, but do not minimize or ignore the harms of substance use.





# Compassionate & Cost-Effective

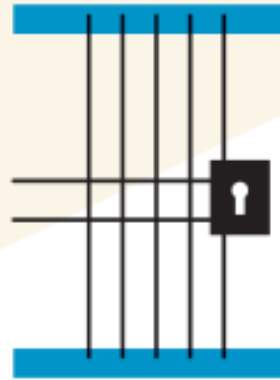
Chronic homelessness results in increased time in the emergency room, jail, and temporary shelters—which are costly alternatives to housing.

FOR THE COST OF...



**3 DAYS**

IN THE HOSPITAL



**3 MONTHS**

IN A KING COUNTY JAIL



**1 YEAR**

OF TEMPORARY SHELTER

...PLYMOUTH PROVIDES **365 DAYS** OF HOUSING AND CRITICAL SUPPORT SERVICES.



Our newest building, Bob & Marcia Almquist Place, opened in April 2020.

**Coming soon:**  
5 more projects with 500 apartments, one of which is opening in August 2021!

---

# Questions?



**Plymouth**  
Housing

[PLYMOUTHHOUSING.ORG](https://PLYMOUTHHOUSING.ORG)

CONNECT WITH US:



@PLYMOUTHHOUSING